



CERTIFICATE OF PARTICIPATION

This is to certify that

Amanda Shaw

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:19:53

PACE 06:10/km
OVERALL 185 of 834

GENDER 33 of 271
50+ 4 of 46

08 July 2023, Sat

Date



BoutTime

Signature

